



## February Connection

### Beach Party Blowout Ages: 5-12

Friday, February 17<sup>th</sup> 1:00-3:00 p.m.  
Free to Members and Paid Guests

Break out your sandals and sunglasses!!  
Come and enjoy two hours at the beach during the cold winter months.  
There will be fun activities in the pool and on the pool deck.

### **Boot Camp**

Want to try something new? Need motivation for your workout.  
Enlist in Bootcamp today!! We do fitness the old-fashioned way  
with sit-ups, push-ups, pull-ups, running and a whole lot of  
sweat.

**March 5th-April 13th**

**Session 1: Mon/Wed/Fri-5:15 a.m. Member cost: \$52.00**  
**Non-Member: \$110.00 Code: 225**

**Session 2: Tues/Thurs-5:15 a.m. Member cost: \$42.00**  
**Non-Member: \$100.00 Code: 226**

**Session 3: Mon/Wed/Fri-9:15 a.m. Member cost: \$52.00**  
**Non-Member: \$110.00 Code: 227**

### **Kids Night Out**

**Friday, February 10th from 5:00-8:00pm**  
Members: \$8.00 Non-Members: \$12.00 Code: 129

### **Hearts and Crafts Party**

**FREE with paid admission to CHILD WATCH**  
**Monday, February 13th at 9:00am**

Nothing says I love you like a gift from the heart. Your child will be able to  
create a personal valentine

### **Dr. Seuss Celebration**

**Free with paid admission to Child Watch**  
**Friday, March 2nd 9:00am**

Celebrate Dr. Seuss day! We will spend the day with Dr. Seuss books  
and activities.

### **Luck of the Irish Party**

**Free with paid admission to Child Watch**  
**Friday, March 16th 9:00am**

It's our lucky day! Come help us find the shamrocks. We will have a  
scavenger hunt, Irish music and fun games.

### Dodge Ball Tournament Ages 6-13

Thursday, February 16<sup>th</sup> 1:00-4:00 p.m.  
Free to Members and Paid Guests

Enjoy your day off from school. Gather your friends together,  
form a team and come to Common Ground for an afternoon of fun  
in a dodge ball tournament.

### **English Channel Challenge**

**February 1st - March 1st**

You will have one month to complete the  
Challenge. Swim across the Dover Straight, which is 35,200 yards.  
Sign up at the Welcome Desk NOW and begin February 1st.

Any questions contact Matt at 289-0451.

**FREE to members or paid guests**

Those who make it will receive a free frequent visitor card-a  
\$25.00 value

### Lifeguard Instructor Course

Common Ground Community Center  
Ages 17 and older. Must pass prescreen to  
participate. Call Levin Collins at 402-289-0451  
for more details

**February 18, 19, and 25th**  
**8:00am-5:00pm**

### **Master Swimming**

Monday, Wednesday and Friday at 5:00a.m.  
Whether you are a beginner wanting a fitness program...a lap  
swimmer seeking variety... or a tri-athlete needing to improve your  
swimming, there is a place for you. Come see first hand what our  
program can do for you! Open to all members and paid guests.  
United States Master Swimming membership is required to partici-  
pate. Cost for membership is \$35.00/year.  
Questions: Call Matt at 289-0451.

**Pick up the February Fitness and Pool Schedule below  
the Video Display Screen by the Welcome Desk**

**\*\*Reminder \*\* Clean Shoes Please!**

Bring a pair of clean athletic shoes  
for use in the center.

**This is especially important as winter is here**

## Remember 29 days this month

### **Regular Hours of Operation**

Monday-Friday 5:00am – 9:00pm  
Saturday 7:00am – 8:00pm  
Sunday 10:00am – 7:00pm

1701 Veterans Drive  
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Facility Supervisor: Levin Collins  
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[www.cityofomaha.org/parks](http://www.cityofomaha.org/parks)  
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