



**Winter Brochure**  
**December through**  
**mid- March**

**SBCC will be CLOSED**  
**March 25<sup>th</sup> - March 31<sup>st</sup>**

**Hours of Operation**

Monday- Thurs. 8 a.m. – 9 p.m.  
Friday 8 a.m. – 7p.m.  
Saturday 9 a.m. – 4p.m.  
Sunday Noon – 7p.m.

**Facilities**

**Gymnasium**

**High school & under-** Free with HS ID.

**18 & up-** \$3.00 drop in fee or punch from punch card

All patrons must have a registration card on file.

**Track & Cardio Room**

**Fee: \$3.00 drop in or punch from a punch card**

Must be in high school or older with a photo ID to use the track or cardio room. Strollers are allowed.

**Gym Rentals** are available for \$31 per hour. Contact Sara at 402.932.1080 for more information.

**Birthday Party Packages** are available! \$75 for a 2 hour party with a staff member. Bounce house available for an additional \$30. Contact Sara at 402.932.1080 for more information.

**Health & Fitness Programs**



**YOGA**

**Kids Yoga** \$72 for 8wks  
Thur. 4 p.m.  
Begins 1/4

**Toddler Yoga** \$49 for 7wks  
Mon. 1:30p.m.  
Begins 1/9

**Men's Yoga** \$96 for 8wks  
Wed. 5:30 p.m.  
Begins 1/4

**Active Senior Yoga** \$96 for 8wks  
Thur. 4:40 p.m.  
Begins 1/4

**Active Yoga** \$96 for 8wks  
Mon. 7-8 p.m.  
Wed. 6:45-7:45p.m.  
Begins 1/4 and 1/9

Increase strength and flexibility with classes offered by Cynthia Gordon. Call 391-5406 or email [cynthgordon@cox.net](mailto:cynthgordon@cox.net) to register.

**Zumba**

Mon. and Wed 6:30-7:30p.m.  
**\$8/class or punch cards: 5 for \$30, 10 for \$50, or 20 for \$80**  
If you have any questions, contact Sandy Navarrete at [sandyisanav@yahoo.com](mailto:sandyisanav@yahoo.com) or call 402.321.3715

**TAEKWONDO**

**6 week ongoing sessions plus one week of testing - \$99**

Tues.

5 and Under 5 – 5:30p.m.

5 and Under 5:30 – 6p.m.

Kids 6+ 6 – 7p.m.

Kids 6+ 7 – 8p.m.

Adults 13+ 8 – 8:45p.m.

For more info or to register contact Mrs. Glassburner at [glassburner@atakramaga.com](mailto:glassburner@atakramaga.com) or 682-5425 or [www.atakramaga.com](http://www.atakramaga.com)

**Youth Programs**



**Turner Dance Classes**

Ages:3-5 \$28/month  
Mon. 6-6:30/6:30-7p.m.  
Sat. 9:30-10a.m.

Ages:4-6 \$30/month  
Sat. 10-10:45a.m.

Ages:5-7 \$30/month  
Mon. 7-7:45p.m.  
Sat. 10:45-11:30a.m.  
2-2:45p.m.

Ages:6-8 \$30/month  
Sat. 11:30-12:15

Ages:6-12 \$32/month  
Sat. 1-2p.m.

Ages:8-12 \$32/month  
Mon. 5-6p.m.

**Call Diane Turner at 321-2299 or email [turnerdance09@yahoo.com](mailto:turnerdance09@yahoo.com) for more information or to register.**

**Color Me Crafts**



**\$1.00 drop in fee**

Ages: 2 1/2 -5

Mon. 10:00 a.m. – 10:45 a.m.

Come and have fun singing songs, reading a story and doing crafts.

No class Jan 2, Jan 16, Feb 20, Mar 19, or Mar 26

**Itty Bitty Classes**

Ages 3-5

These introductory classes are focused on learning the basics of each sport. All Stars features a new sport each week. Active Fun includes fun games that keep your child moving. Boot Camp is a new class that will include jumping jacks, sit ups, pushups and lots of fun!

**Session I – 4 weeks**

January 8<sup>th</sup>- February 6<sup>th</sup>

\*No class Mon, Jan 16<sup>th</sup>

Mon/Wed	11:00-11:45	
	All Stars	\$20
Mon	1:00-1:45	
	Boot Camp	\$10
Tues	1:00-1:45	
	All Stars	\$10
Thurs	1:00-1:45	
	Track and Field	\$10
Fri	9:00-9:45	
	Basketball	\$10

**Session II – 4 weeks**

February 12<sup>th</sup>- March 13<sup>th</sup>

\*No class Feb 20<sup>th</sup> or Feb 21<sup>st</sup>

Sun	3:00-3:45	
	All Stars	\$10
Mon	1:00-1:45	
	Basketball	\$10

Tues/Thurs 9:30-10:15

All Stars \$20

Wed 1:00-1:45

T-Ball \$10

Fri 9:00-9:45

Active Fun \$10



**Beginners Gymnastics**

Ages: 3-5

Children will learn the basics of gymnastics, including somersaults, balance beam, and headstands. Gymnastics II is now being offered for kids who have already mastered the introductory class.

**Session I – 4 weeks**

January 8<sup>th</sup>- February 6<sup>th</sup>

Sun	3:00-3:45	
	Gymnastics I	\$10
Tues/Thurs	9:30-10:15	
	Gymnastics I	\$20
Wed	1:00-1:45	
	Gymnastics II	\$10
Thurs	11:00-11:45	
	Gymnastics II	\$10

**Session II – 4 weeks**

February 12<sup>th</sup>- March 13<sup>th</sup>

\*No class Feb 20<sup>th</sup> or 21<sup>st</sup>

Mon/Wed	11:00-11:45	
	Gymnastics I	\$20
Tues	1:00-1:45	
	Gymnastics II	\$10
Thurs	11:00-11:45	
	Gymnastics II	\$10
Thurs	1:00-1:45	
	Gymnastics I	\$10

**Little Guys Gym**

**\$1 drop in per Adult**

Ages: 6 and Under

Tues. 10:30am-12:00p.m.

Fri. 10am-12:00p.m.

Open gym time for the little ones, with all of our toys and equipment available!

**Wiggles and Giggles**

**\$10 / 4wks**

Ages: 1 to 4 years

Wed. 10-10:30a.m.

Session I Jan 11<sup>th</sup>- Feb 1<sup>st</sup>

Session II Feb 15<sup>th</sup>- Mar 7<sup>th</sup>

Wiggles and Giggles is a great way for parents and their children to get active with fun games and silly songs.



**Bricks for Kids**

**Kids will learn about Math and Science using LEGOs.**

Ages: 3-5 **\$20/4wks**

Wed. 10-10:30a.m.

Ongoing sessions starting in January.

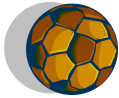
Grades: K-2<sup>nd</sup> and 3<sup>rd</sup>-5<sup>th</sup> grades **\$40/4wks**

Mon. 4:15-5:15p.m.

Alternating Mondays beginning in January.

Check out

[www.bricks4kidz.com](http://www.bricks4kidz.com) for more information. If you have questions or want to register contact Bill at 968-5723 or email him at [brance@bricks4kidz.com](mailto:brance@bricks4kidz.com).

**Soccer Tots \$88 / 8wks**

Soccer Tots is a professionally structured course that teaches the basics of soccer, building motor skills, encourages physical fitness, and promotes mental and physical wellness and fun for all!  
 Ages: 2-3 Sat. 9-9:50a.m.  
 Ages: 3-4 Sat. 10-10:50a.m.  
 Ages: 4-6 Sat. 11-11:50a.m.  
 Classes begin Jan. 14<sup>th</sup>.  
 For more information, call 753.7779 or email [omahasoccertots@gmail.com](mailto:omahasoccertots@gmail.com).

**Kinderball \$15/ 4wks**

Ages: 5 - 7 year olds  
 Sun. 4:00-4:45 or 5:00-5:45pm  
 Jan 8<sup>th</sup>- 29<sup>th</sup>  
 Not quite ready to play basketball with the older kids? Check out this class, where your child can learn the basics of the game in an age appropriate group! Space is limited!

**DODGEBALL**

Do you think you're tough enough to play one of the world's fastest growing sports? **FREE!!!**  
 1<sup>st</sup>-4<sup>th</sup> Grade Tues. 4-5p.m.  
 5<sup>th</sup>-8<sup>th</sup> Grade Thur. 4-5p.m.

**REC'S KIDS CLUBHOUSE**

FREE  
 Ages: 6-13  
 Mon.-Fri. 4-6p.m.  
 Your favorite free summer youth program is at Saddlebrook every day after school. Structured activities, games, and events allow kids to run off all that built up energy from sitting in school all day. Let our staff wear them out before dinner time!

**Instructional Basketball League \$20 / 4wks**

1<sup>st</sup>-2<sup>nd</sup> Grade Thurs. 6-7m.  
 3<sup>rd</sup>-5<sup>th</sup> Grade Thurs. 7-8p.m.  
 Feb 16<sup>th</sup>- Mar 8<sup>th</sup>  
 Come learn the basics in a fun, instructional atmosphere! 30 min instruction and 30 min fun game.

**NEW! Track Stars \$15/4wks**

K-2<sup>nd</sup> Tues. 6-6:45p.m.  
 3<sup>rd</sup>-5<sup>th</sup> Grade Tues. 6:45-7:30p.m.  
 Jan 17<sup>th</sup>- Feb 7<sup>th</sup>  
 This awesome new class will give you a taste of all the running, jumping, and throwing of track and field!

**City Wide Sports Youth Basketball League**

**\$30/8wks**  
 Ages: 1<sup>st</sup>/2<sup>nd</sup>, 3<sup>rd</sup>/4<sup>th</sup>, & 5<sup>th</sup>/6<sup>th</sup>  
 Sundays beginning 1/22.

The City Wide Sports Department will once again be hosting a coed youth basketball league. Volunteer coaches are needed. Short practices are held before games. Game shirt included in price. Games played at Montclair Community Center (135<sup>th</sup> & Center). Registration forms found online at [www.cityofomaha.org/parks](http://www.cityofomaha.org/parks). Contact Randy for more information at 402.444.4955.

**Special Events****Winter Break Schedule**

Fee: \$12 (unless otherwise noted)  
 Grades: K-6<sup>th</sup>  
 10:00am-3:00pm (unless otherwise noted)  
 Bring a sack lunch.

Mon 12/19 Baking Day (\$14)  
 Tues 12/20 Hummel Nature Center Field Trip  
 Wed 12/21 Craft Day (\$14)  
 Thurs 12/22 Inflatables Day  
 Fri 12/23 Totally Sports Day

Tues 12/27 Awesome Games  
 Wed 12/28 Wii Day  
 Thurs 12/29 Swimming Trip\*  
 \*10am-4pm\* (swim 1:30-3:30)  
 Fri 12/30 Sherlock Holmes Day

**School's out: 1/16, 2/20, 2/21**  
**Spring Break: 3/19-3/23**  
 Looking for something to do on your days off? Join us at Saddlebrook for fun activities and awesome field trips!

**Family Fun Day! FREE for the whole family!**

Monday, Dec 26<sup>th</sup>  
 11:00 Kickball  
 1:00 Dodgeball

**Family Movie Night with Saddlebrook Community Center and Saddlebrook Library**

**FREE!!!**  
 Thurs. 6:30-8:30p.m. 12/22

**Santa Visits Saddlebrook****FREE**

Sat. 10:00a.m. 12/3

Come to Saddlebrook for Christmas stories, do holiday crafts, and meet Santa! Don't forget your camera!

**Family Game Night**

Hosted by Saddlebrook Community Center, Saddlebrook Library and Saddlebrook Elementary School PTA

**FREE!!!**

Thurs. 6:00-8:00p.m. 1/26

For more information, visit our website at

[www.cityofomaha.org/parks](http://www.cityofomaha.org/parks).

**Hummel Park  
Nature Center**

Hummel Park now has a brand new Nature Center! Hummel Park Nature Center will now be offering programming year round including archery, pre-school age programs, family events, wilderness skills classes, and even birthday party packages!

**Nature Nook** – kickoff!

Wed. 12/7 10:00a.m.

Geared towards ages 3-5. This awesome drop in class will have a weekly theme that teaches kids about trees, leaves, flowers, wild edibles, and so much more! This class will explore the great outdoors in all four seasons! Fee: \$1.00 per child

**Critter Corner** – kickoff!

Wed. 12/14 10:00a.m.

Geared towards ages 3-5. This super fun drop in class will have a weekly theme that lets kids be creative and learn about insects, animals, and birds while listening to a story and doing a craft! Fee: \$1.00 per child

Critter Corner will be a weekly drop in class on Wednesdays and Nature Nook will be a weekly drop in class on Thursdays beginning the week of Jan. 14<sup>th</sup>.

**Birthday Party Packages**

Host a birthday party that everyone will remember! You provide the kids and cake and we provide the outdoor adventures! Pick three activities from the list below for your guests to experience during the party.

Archery, Fort Building, Dodgeball/Elimination, Compass Treasure Hunt, Nature Identification Hike, Fire Building/S'mores, Nature Craft, Outdoor Games, Water/Mud Activities (weather permitting), Hands-On Nature Center.



Max 25 kids

2 hour party \$100.00

2.5 hour party \$125.00

Includes three activities lead by two Hummel staff.

**Check the website for updated information about family events and school age classes.**  
[www.cityofomaha.org/parks](http://www.cityofomaha.org/parks)

**For more information or to book any rentals, contact Sara at 402.932.1080.**

