

Common Ground Community Center

Policies for Patrons

General Regulations

Hours of Operation

Monday – Friday 5:00 a.m. to 9:00 p.m.

Saturday 7:00 a.m. to 8:00 p.m.

Sunday 10:00 a.m. to 7:00 p.m.

Holiday hours vary (check the website, the monthly newsletter or check with the welcome desk staff for specific holiday hours)

Use of the facilities by families and citizens of all ages is strongly encouraged. The following rules and policies have been established to help operate and maintain Common Ground Community Center. Please feel free to bring comments or your suggestions to the attention of any staff member, or simply use our suggestion box conveniently located at the Welcome Desk.

1. Members must check in and present their membership card each time they use the Center.
2. Proper attire is required for participants using facilities. Members and guests are asked to keep in mind that the facility is a family oriented public facility. Shirts **MUST** be worn at all times in the center with the exception of the pool and pool deck.
3. Any damages to Common Ground Community Center property due to negligence of any member or member's guest shall be the liability of the member.
4. Smoking and the use of tobacco products are prohibited in the Center.
5. Nothing shall be sold, distributed, exhibited, or displayed without permission from the Center management. Any solicitation within the Center is absolutely forbidden.
6. Children age 9 and older may participate in the Center without an adult present. (Excludes the fitness center). **Children 6-8 years of age may use the gym and game room without direct parent/guardian supervision. Their parent/guardian MUST remain in the facility.** Children 5 and under require the direct supervision of an adult or guardian age 16 or older at all times.
7. Lost Property – Common Ground Community Center is not responsible for any belongings lost or stolen at the center or in the surrounding area. All members and guests are advised not to bring valuables to the Center and to lock all personal belongings in a locker. We do have a lost and found located at the welcome desk. Items will be kept for a maximum of 30 days. Please notify a staff member at the Welcome Desk if you have a lost or found item.
8. Member Suggestions – We value your suggestions and have placed a comment box located near the Welcome Desk.
9. Food or drinks will be permitted in designated areas only.
10. Consumption or possession of alcoholic beverages is prohibited.
11. Possession of firearms/weapons is prohibited.
12. Common Ground Community Center staff reserves the right to add, amend or delete rules as necessary.

Class Cancellations – When the Elkhorn School District closes school due to inclement weather all classes will be canceled that day. If you are not sure if Elkhorn Schools are closed, please call ahead to see if your class has been canceled.

Fitness Center Guidelines

1. Each member is entitled to a fitness orientation to learn the equipment, etiquette and safety of the weight and cardio rooms.
2. Fitness center users must be at least 16 year of age. When 14-15 year olds pass the youth fitness orientation course (additional cost of \$25.00 per youth) they will be allowed to use the 2nd floor facilities. Youth ages 12 & 13 can use the cardiovascular equipment and running track when directly supervised by an adult and at designated times.
3. Please clean equipment after use.
4. Water bottles only will be permitted in the fitness center. No food.
5. Always rerack weights and put dumbbells, balls, bands, jump ropes, mats and any other items away when finished.
6. Do not drop or slam the weights.
7. Be courteous to others who are waiting. Do not rest on equipment.
8. Spotters will be required when lifting heavy weights.
9. Appropriate attire is required at all times.
10. Gym bags, coats and other personal belongings must be stored in designated areas only.
11. Keep walkways between equipment open for others to walk through.
12. Report defective equipment to staff immediately.
13. Do not touch TV's, if you would like the channel changed, please ask attendant for assistance.
14. Our staff reserves the right to ask anyone to leave if their behavior is not appropriate or unsafe, or if their presence is not authorized.

On-going support and assistance—Our weight room and cardio areas are supervised, staff are qualified and eager to assist you with the equipment and answer questions about your exercise program. They wear red shirts so they are easy to spot!

Track Guidelines

1. Everyone must follow the designated signs, which indicate the direction to run/walk. The direction will change daily.
2. Walkers please stay to the inside of the track and runners to the outside.
3. Strollers are not permitted upstairs. Hands free, front or backpack infant carriers are permitted on the track only.

Swimming Pool Regulations

1. Follow the Lifeguard's instruction at all times.
2. All swimmers must shower prior to pool use.
3. All swimmers must wear appropriate swimming attire. (i.e., no cut-offs or frayed clothing) Only appropriate footwear will be allowed in the pool area.
4. Outside equipment shall not be brought to the pool without permission of Common Ground management.
5. Persons with infectious conditions such as colds, open sores or eye infections are not permitted in the pool.
6. Food, gum and drinks are not allowed in the pool area.
7. No hanging on the lane lines.
8. No foul or abusive language is allowed.
9. No running on pool deck area.
10. Pool will close 30 minutes prior to the Center closing
11. Please report all accidents, incidents and problems to the Aquatic Staff.
12. All diaper age children will be required to wear swim diapers in the pool. Swim diapers will be available to buy at the Welcome Desk.
13. All pool regulations are posted in the pool areas.
14. Pool hours are posted on the website: www.cityofomaha.org/parks, throughout the facility and below.
15. Children 5 years of age and younger need to be within arms length of a parent or guardian at all times.
16. Only Coast Guard approved flotation devices are allowed in the pool.

Pool Hours: (the pool closes 30 minutes prior to the building)

Monday-Friday: 5:00 a.m.-8:30 p.m. Saturday: 7:00 a.m.-7:30 p.m. Sunday: 10:00 a.m.-6:30 p.m.

Common Ground Community Center was built around an agreement by the citizens of Elkhorn and the Elkhorn School District to build a community center for the citizens and a pool for the school district. The Elkhorn School District owns the pool and has priority use over the aquatics side of the facility. When the school district and their programs are not using the pool it is open for the benefit of the Common Ground Members. If you have any questions in regards to the pool schedule please call the facility supervisor at 289-0451 (or the school district office at 289-2579)

Locker Room Policies

1. Locker rooms have showers, wall mounted hand/hair dryers, towels, soap, shampoo.
2. Lockers are available for day use only.
3. Locks not removed at the end of each day will be cut and the items placed in the lost and found. Locks are the responsibility of the user.
4. Our facility does not offer family changing rooms. We ask all users to be sensitive with privacy concerns.
5. Children 4 Years and older should use the appropriate gender locker room.
6. Video recording devices of any type are NOT allowed in the locker rooms, this includes cell phones.
7. All children 8 years and younger should be supervised when using the locker rooms.
8. Common Ground Community Center is not responsible for lost or stolen articles. Please do not bring valuables into the facility.

Towel Service –Work-out towels are available for the fitness area. Work-out towels are the property of the Center and should not leave the building.

Cleanliness – One of our main goals is to maintain the entire center in a manner so that every patron feels confident and comfortable. The cleanliness of the shower and locker room areas are of utmost importance to us. Your assistance with pointing out concerns and areas that need immediate attention are very important and appreciated. The center will primarily use a hydrogen peroxide-based multi-purpose cleaner. These products are “Green Seal Certified” and kill 99.99% of numerous viruses and germs in the shortest period of time.

Disinfecting – In addition to maintaining a clean environment, the Center assists patrons with managing their protection while at the Center. Disinfectant is available throughout the facility. Your health is paramount to us.

Membership Policies

Guest Policy

We are very proud of our facility and we hope you will feel the same pride and want to bring your friends, relatives and associates as guests. Guests are required to check-in at the Welcome Desk and complete the necessary paperwork. Guests are required to pay the daily admission fee along with photo identification.

Membership Cards

Membership cards are required for access into the facility for identification purposes. ID cards are exclusive and cannot be used by another person. If your ID card is used by someone else it will be retained and a replacement fee will be necessary to continue your membership privileges. A replacement fee of \$5.00 will be charged for lost cards.

Check-In

You must check in at the Welcome Desk and present your membership card before you use the facilities.

Cancellation/Termination

To properly terminate a membership, the member is required to submit the request in writing. A \$50.00 cancellation fee will apply for contract cancellations before their expiration date unless you have had your membership for over one year, then there will not be a cancellation fee.

Transfer of This Contract

Your membership is non-transferable.

Membership Freeze Policy

1. Medical Disability – You must supply the Welcome desk with verification from your physician stating that your medical disability will prevent you from using the Center.
2. Active Duty Military or Missionary Assignment – You must provide Member Services with a copy of your transfer, deployment orders or missionary orders from your church.
3. Temporary Employment Transfer – You will need to provide Member Services with verification from your employer, on company letterhead, that you are being temporarily transferred.

Dues During Freeze – If Common Ground Community Center approves a membership freeze no dues will be collected with respect to such time and your right to use Common Ground facility is also frozen. In the event your membership is prepaid, the term of the prepaid membership shall be extended, without dues, for the same period of the freeze.

Notice – You must provide a least thirty (30) days notice for a freeze request to allow Common Ground Community Center to process your request.

General Policies for Minors

Children 5 and under: Must be accompanied by a parent or guardian at all times when in the facility, unless the child is registered in the Childwatch room or participating in a Common Ground Community Center Program. For their safety, they are not allowed in workout areas.

Children 6-8: May use the first floor of the facility without direct supervision of a parent or guardian. Their parent or guardian **MUST remain in the facility.**

Youth 9-15: May use the First floor of the facility without a parent or guardian being present in the facility. Ages 14 & 15 can use the Fitness Center (2nd floor) after completing a Youth Fitness Certification Course (additional cost of \$25.00 per youth). For more information please contact the welcome desk.

Feedback

What YOU think does matter! If you ever have suggestions on how we can better serve you or want to compliment us on a job well done, please stop by the welcome desk for a comment card.

**Thank you for observing these polices. Your cooperation will ensure that
Common Ground Community Center is enjoyable for everyone!**